

# STAGEBRIDGE

**A 21<sup>st</sup> Century Community in the rural foothills of the Blue Ridge Mountains  
Located at the intersection of Stagebridge Trail and Stagebridge Road  
(Nelson Co., Va. Route 623), 5 miles north of Lovingston, VA**

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## **Accomplish your personal wellness goals at Stagebridge**

What is personal wellness? It's a quality of life that incorporates each aspect of our life—relational, environmental, and professional. Think of it as a comprehensive health agenda for your entire person.

Our goal at Stagebridge is to create the kind of community that fosters a healthy lifestyle for our residents. The developers have taken several steps to create lots that both augment and protect the natural beauty of these Blue Ridge Mountain foothills, thereby enhancing the long-term enjoyment of the community. Stagebridge offers spectacular views, privacy, and an adventurous mountain setting without sacrificing affordability or easy access to the best our area has to offer.

How can you meet your personal wellness goals at Stagebridge? Just consider the following:

<b>Goal:</b>	<b>At Stagebridge:</b>
<b>Live healthy</b>	Breathe fresh mountain air. Stagebridge has a low population density. Our limited access road keeps vehicle traffic at a minimum. Stagebridge is the perfect setting for silent reflection on what matters most.
<b>Exercise</b>	Numerous recreation possibilities abound on each spacious lot; enjoy walking the 1.6 mile community walking path, with its 330 foot rise, spectacular views, and areas for tranquil meditation.
<b>Reduce stress</b>	Tired of commuting? There are no traffic lights between Stagebridge and Charlottesville, Waynesboro, Lynchburg or even Richmond; you have easy access to shopping, employment, and medical services without sacrificing privacy or affordability.
<b>Enjoy life</b>	Watch nature flourish; take advantage of the excellent soils at Stagebridge by pursuing your own hobby vineyard or orchard. You can enjoy the local sources for natural foods, or go one step further by growing your own food!

<b>Respect the environment</b>	Community covenants are designed to protect the natural surroundings, allowing you to enjoy the mountain views. Develop your own low-maintenance landscaping—plant as much or as little grass as you want to mow! Plus, you have control over the design of your home, allowing you to design an energy efficient home.
<b>Explore history</b>	In 2007, the Commonwealth of Virginia will celebrate its 400 <sup>th</sup> anniversary, and Nelson County will celebrate its 200 <sup>th</sup> ! Take advantage of the numerous opportunities in our area to explore our past—presidential homes (including Jefferson, Madison, Monroe), Civil War battlefields, Native American sites, historic homes like <a href="#">Oakland</a> —home to the Nelson County Historical Society.
<b>Care for your body</b>	Routine medical care is readily available in Lovingson, while world class medical facilities are only 30 minutes away at the <a href="#">University of Virginia Medical Center</a> . UVA Medical Center consistently ranks among the top 100 hospitals in America.
<b>Enrich your mind and spirit</b>	Our area is home to numerous cultural opportunities, whether it's <a href="#">art museums at UVA</a> , or world renowned <a href="#">Shenandoah Shakespeare</a> in nearby Staunton, or the excellent <a href="#">Jefferson-Madison Regional Library</a> (with a Nelson County branch just minutes away). There are <a href="#">numerous churches</a> and <a href="#">service organizations</a> , as well as meditation centers close by.
<b>Develop friends</b>	Stagebridge is a small community of like minded owners, who share a strong desire for quality of life. Take part in the Community activities and enjoy friendships with your neighbors.

Join the Stagebridge Community and take pleasure in nature's beauty while pursuing your personal wellness goals.